

RISA E. BROUDY, PHD

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risabroudy.com

EDUCATION:

St. John's University, Jamaica, NY September 1997-June 2003
Doctor of Philosophy in Clinical Psychology, Child Track
Specialization Certificate in Marital/Family Therapy

Washington University, St. Louis, MO September 1993-May 1997
Bachelor of Arts in Psychology
Minor: French

Southern Methodist University, Boulogne, France Summer 1995
Six credits French Culture and Language

ADMINISTRATIVE AND TEACHING EXPERIENCE

The George Washington University, Washington, DC
CLINICAL ASSISTANT PROFESSOR OF PSYCHOLOGY/ January 2006-Present
DIRECTOR, MELTZER PSYCHOLOGICAL SERVICES CENTER

- Direct community-based training clinic for graduate students in the doctoral program in clinical psychology
- Carry out administrative duties
- Coordinate externship program for graduate students
- Supervise students on therapy and testing cases
- Courses taught:
 - Psychological Assessment: Cognitive and Personality
- Seminars led:
 - Motivational Interviewing
 - Dialectical Behavior Therapy

American School of Professional Psychology at Argosy University, Washington, DC
ASSISTANT DIRECTOR OF TRAINING/ October 2004-December 2005
ASSISTANT FACULTY

- Assisted director in coordinating training program for masters and doctoral level students in the clinical psychology program
- Engaged in site development and oversaw training experiences at over 100 sites
- Served on the Admissions Committee and Training Committee
- Attended annual conferences of the National Council of School and Programs in Professional Psychology
- Served as primary chair or member on students' clinical research projects
- Courses taught:

- Professionalization Group—This course focuses on the professional development of students and covers topics ranging from ethics and diversity to an introduction to therapeutic technique.
- Practicum Seminar—The purpose of this course is to help students refine their diagnostic interviewing skills, manage their first time practicum experiences, and develop strong case conceptualization skills for the clients with whom they work.
- Individual Assessment—This course presents an overview of assessment theories and techniques that can be applied in the counseling setting. It includes psychometric theory and consideration of assessment and evaluation with ethnically diverse populations.
- Integrated Paper—This course helps students develop well-conceptualized and well-structured literature reviews in order to complete their Master’s degrees. Emphasis is on critical thinking, review of psychological studies and on following APA-writing format.

SMART/EST Women’s Project, Clinical Directors Network, New York, NY and St. John’s University, Jamaica, NY

ASSISTANT TREATMENT COORDINATOR June 2001-May 2002

- Assisted in treatment implementation conducting cognitive-behavioral stress management therapy groups for a research study
- Developed research treatment protocol
- Assisted in organizing training seminars for group therapists and in creating and compiling training materials
- Consulted with lawyers, doctors, and other professionals on legal and ethical issues in conducting research with HIV/AIDS population

CLINICAL EXPERIENCE:

Private Practitioner, Arlington, VA September 2008-Present

- Complete full neuropsychological, psychoeducational and psychological batteries for children, adolescents, and young adults
- Conduct individual and family therapy

The Wake Kendall Group, PLLC, Washington, DC May 2005-September 2008
ASSOCIATE

- Completed full neuropsychological, psychoeducational and psychological batteries for children, adolescents, and young adults
- Completed admissions testing for Washington Independent Schools
- Conducted individual and family therapy
- Participated in full Dialectical Behavioral Treatment (DBT) protocol running groups and treating individual clients

Educational Assessment Associates, Washington, DC September 2004-August 2005
LICENSED PSYCHOLOGIST

- Administer intelligence tests to pre-school and elementary age children for admission to private schools using the Wechsler intelligence scales
- Assess for learning disabilities and consult with educational specialists

North Shore Child & Family Guidance Center, Roslyn Heights, NY

POST DOCTORAL PSYCHOLOGY FELLOW July 2003-August 2004

- Administered comprehensive neuropsychological assessments to children, adolescents, and adults
- Carried full caseload conducting ongoing individual and family therapy with children and adolescents and case management
- Ran social skills group for children ages 8-10 with developmental disorders
- Consulted with families, schools, and other mental health professionals, regarding the nature of learning disabilities and behavioral and learning problems
- Participated in program development

New York University Child Study Center, New York, NY

INTERVIEWER February 2001-May 2002
October 2003-April 2004

- Administered in-home semi-structured interviews to both children and their parents for an ongoing research study
- Wrote narratives making lifetime diagnoses; emphasis on differential diagnosis of anxiety disorders in children

St. Luke's/Roosevelt Hospital Center, New York, NY

PSYCHOLOGY INTERN July 2002-June 2003

- Carried outpatient caseload of 12-15 cases including patients ages 5-35 conducting individual and family therapy
- Carried two cases in day treatment program for adolescents conducting individual and family therapy
- Conducted group therapy
 - Dina Dinosaur social skills group for boys ages 5-8 using Carolyn Webster Stratton's manualized treatment program
 - Social skills group for 13-year-old boys with Pervasive Developmental Disorders
 - Expressive writing group for adolescents
 - Recovery group and Relationship skills group for adolescents
- Worked in two day-treatment milieu settings one for adolescents with severe psychiatric disorders and one for adolescents with substance abuse problems
- Administered comprehensive neuropsychological assessments to children and adolescents
- Completed weekly psychiatric evaluations in outpatient intake department
- Provided Consultation and Liaison Services to HIV Clinic

SMART/EST Women's Project, Clinical Directors Network, New York, NY and St. John's University, Jamaica, NY

GROUP CO-THERAPIST May 1999-December 1999

June 2001-May 2002

- Co-led groups of women diagnosed with HIV/AIDS using a manualized treatment plan combining cognitive-behavioral, stress management, and expressive supportive therapy

Prep for Prep, New York, NY

PSYCHOLOGICAL TESTER

March 2001-May 2002

- Administered intelligence tests to gifted minority children for entrance into accelerated programs and write assessments

St. Mary's Children and Family Services, Syosset, NY

PSYCHOLOGY EXTERN

September 2000-June 2001

- Clinician for independent living unit in a residential treatment setting with adolescent boys ages 12-18 often placed by the court on Juvenile Delinquent, PINS, or Neglect petitions
- Conducted individual therapy, co-led weekly process group, performed mental status examinations and completed psychological assessments

Long Island Jewish Schneider Children's Hospital, New Hyde Park, NY

PSYCHOLOGY EXTERN

September 1999-May 2000

- Conducted intensive short-term individual and family therapy in an inpatient facility for children with severe mental illness on a latency-age unit
- Performed extensive case management including discharge planning
- Led a weekly inpatient child therapy group addressing social skills
- Administered, interpreted, and wrote psychological test batteries of children and adolescents

St. John's University/NYC Police Department Collaborative Project, New York, NY

GROUP CO-THERAPIST

February 1999-July 1999

- Conducted group therapy using a manualized treatment program with NYC traffic agents focusing on cognitive-behavioral methods for anger reduction and stress management

St. John's University Psychological Services Center, Jamaica, NY

FAMILY THERAPIST

May 1999-May 2001

Marital and Family Therapy Specialization

- Conducted weekly therapy with couples and families

INDIVIDUAL THERAPIST

September 1997-May 2001

Clinical Practicum – Level I-IV

- Conducted intake interviews and provided psychotherapy to individual child, adolescent, and adult clients

PSYCHOLOGICAL TESTER

September 1998-May 2001

Youth Emergency Service, St. Louis, MO

INTERN

September 1996-May 1997

- Worked on crisis intervention hotline and provided peer and family counseling

Eastern Pennsylvania Psychiatric Institute, Philadelphia, PA

SUMMER INTERN

May 1996-August 1996

- Worked with children ages 5-14 diagnosed with conduct and behavioral disorders in a token economy established to manage children's behaviors
- Administered brief intelligence tests and emotional assessments

RESEARCH EXPERIENCE:

St. John's University, Health and Behavior Laboratory, Jamaica, NY

RESEARCH FELLOW

July 2003-August 2004

September 1997-May 2002

Elizabeth Brondolo, Ph.D., Professor

- Prepared manuscripts for publication
- Assisted in ongoing research projects collecting data in the laboratory and the field
 - Studied the relationship between blood pressure, work stress, psychosocial and personality variables in New York City Department of Transportation Traffic Agents and in teachers.
 - Studied the effects of exercise on ambulatory blood pressure and cardiac autonomic control in the general population
 - Studied the effects of perceived ethnic discrimination on hypertension
- Performed data input and analysis using SAS
- Involved in writing grants to get funding for various research projects
- Collaborated with Columbia Presbyterian Medical Center: Behavioral Science Laboratory, Mount Sinai School of Medicine: Integrative & Behavioral Cardiology Program, and Clinical Director's Network

Mt. Sinai School of Medicine, New York, NY

Integrative and Behavioral Cardiology Program

RESEARCH ASSISTANT

September 2000-May 2001

Thomas Pickering, MD, DPhil, Director

- Performed bed-side motivational interviews assessing behavioral risk factors for patients on the cardiology floor and provided necessary referrals
- Researched co-morbidity of anxiety and mood disorders with hypertension and heart disease
- Conducted data management and data entry using SPSS for on-going research projects

Center for Outcome Analysis, Ardmore, PA

RESEARCH ASSISTANT

Summer 1996 & Summer 1997

James Conroy, Ph.D.

- Researched the comparison of kinship foster care to non-relative foster care
- Performed data input and analysis using SPSS

PRESENTATIONS AND MANUSCRIPTS:

Broudy, R., Brondolo, E., Coakley, V., Brady, N., Cassells, A., Tobin, J.N., & Sweeney, M. (2007). Perceived ethnic discrimination in relation to daily moods and negative social interactions. *Journal of Behavioral Medicine*, 30, 31-43.

Brondolo, E., Thompson, S., Brady, N., **Appel, R.**, Cassells, A., Tobin, J.N., & Sweeney, M. (2005). The relationship of racism to appraisals and coping in a community sample. *Ethnicity & Disease*, S514-S519.

Broudy, R. (2005, January). Assessing learning disabilities in young adults. Presentation to graduate student group at the counseling center of the Art Institute/Washington D.C.

Appel, R., & Brondolo, E. (2003, March). Perceived ethnic discrimination and its association to ecological momentary assessment of daily interactions. Paper presented at the conference of the Society of Behavioral Medicine, Salt Lake City, Utah.

Appel, R., Aguera, F., Eichler, R., & Brondolo, E. (2002, April). Racism, appraisals, and coping responses. Paper presented at the conference of the Society of Behavioral Medicine, Washington, D.C.

Brondolo, E.N., Cini, L.A., & **Appel, R.** (2001). Training non-behaviorally trained clinicians to implement cognitive-behavioral therapy programs: Problems and solutions. Unpublished manuscript.

Brondolo, E.N., Brinson, K., & **Appel, R.** (2000, April). The relationship of trait anger and social support to absenteeism. Poster presented at the conference of the Society of Behavioral Medicine, Nashville, TN.

Appel, R., Brondolo, E.N., & Sloan, R.P. (2000, April). The relationship between cardiac autonomic regulation and anger-related traits in a sample of New York City traffic enforcement agents. Poster presented at the conference of the Society of Behavioral Medicine, Nashville, TN.

Sloan, R.P., Brondolo, E.N., Bagiella, E., **Appel, R.**, Taravella, J., Kuhl, J.P., & Myers, M.M. (1999, March). Cardiac autonomic control and blood pressure regulation in the field. Paper presented at the conference of the Society of Behavioral Medicine, San Diego, CA.

Brondolo, E., **Appel, R.**, Lewis, L., & Rabinowitz, D. (1999, March). Trait anger and state anger responses to changes in job stress. Poster presented at the conference of the Society of Behavioral Medicine, San Diego, CA.

Appel, R. (December 1998 & December 1999). Anger Management Workshop. Mental Health Day, St. John's University, Jamaica, NY.

CERTIFICATIONS, HONORS, & ORGANIZATIONS

- Licensed Psychologist, Commonwealth of Virginia
- Licensed Psychologist, District of Columbia
- Licensed Psychologist, State of New York (Inactive)
- Recognized by the National Register of Health Service Providers in Psychology, effective 02/28/2005
- Outstanding Student of the Year Award, Long Island Association of Marital and Family Therapy, June 2001
- Certificate of Academic Excellence, St. John's University, Graduate Division, January 2001
- Doctoral Fellowship, St. John's University, September 1997-May 2001

- Washington University Dean's List, 1994-1996
- Washington University, Graduated with College Honors, May 1997
- Psi Chi, National Honor Society in Psychology, Inducted 1994, Treasurer, Executive Board 1996-1997
- Golden Key National Honor Society, Inducted 1997
- National Honor Society, Inducted 1992
- American Psychological Association, 1992-Present
- Society of Behavioral Medicine, Student Affiliate, 1998-2003
- Virginia Psychological Association (VPA)
- Virginia Academy of Clinical Psychologists (VACP)
- Northern Virginia Society of Clinical Psychologists (NVSCP)

REFERENCES FURNISHED UPON REQUEST

Recent Trainings and CE Workshops Attended

- PFLASH. (2003, February). Practical Front Line Assistance and Support for Healing. Six-hour intensive workshop provided by The Mental Health Association of New York City in collaboration with The Washington University School of Medicine and The University of Oklahoma School of Medicine. New York, NY.
- Shiro, E. (2004, March). Ackerman Institute for the Family: Trauma Based Family Therapy Training. Two-day intensive training program provided by the Mental Health Association of New York City in collaboration with the Ackerman Institute for the Family. New York, NY.
- Walker, G., Edwards, M., Stern, M., & Smith, A. (2004, April). Integrated Family Assessment and Treatment Planning. Workshop at the Ackerman Institute for the Family. New York, NY.
- Gioia, G.A. (2004, September). Tuning the Conductor of the Orchestra: Interventions for Executive Dysfunction. Presentation at the Lab School of Washington. Washington, D.C. (1.5 credits)
- Binder, J. (2005, January). Core Competency Workgroup: Intervention. Workgroup at the National Council of Schools and Programs of Professional Psychology annual conference. San Diego, CA. (3 credits)
- Brewer, C.B. & Crossman, R. (2005, January). “Joy of Teaching.” Presentation at the National Council of Schools and Programs of Professional Psychology annual conference. San Diego, CA. (2 credits)
- Halpern, D. (2005, January). Opening Address: “At the Core: Teaching Students to Think Critically About Clinical Practice.” Presentation at the National Council of Schools and Programs of Professional Psychology annual conference. San Diego, CA. (1 credit)
- Kenkel, M.B. (2005, January). Core Competency Workgroup: Relationship. Workgroup at the National Council of Schools and Programs of Professional Psychology annual conference. San Diego, CA. (3 credits)
- Socrates On-line Facilitator Training (2005, Spring)
- Shearin, E. (2005, May). Introductory Dialectical Behavior Therapy (DBT) Workshop. American School of Professional Psychology at Argosy University/Washington, DC. Arlington, VA. (6 credits)
- Minuchin, S. (2005, May). Dr. Sal Minuchin: New Developments in Structural Family Therapy. Philadelphia Child and Family Therapy Training Center, Inc. Phila., PA (6 credits)
- Halpern, D. (2005, June). Teaching Students to Think Like an Expert Clinician. American School of Professional Psychology at Argosy University/Washington, DC. Arlington, VA. (3 credits)
- National Register of Health Service Providers in Psychology. (2005, October).
Barnett, J.E. APA’s Revised Ethics Code: Implications for Professional Practice.
Wise, E.H. “Social Responsibility” in the 1992 and 2002 APA Ethics Code.
Morris, R.J. Child Custody Evaluations: A Risky Business
(1 credit Ethics)
- National Register of Health Service Providers in Psychology. (2005, October).
Wise, E.H. Multiple Relationships.

- Morris, R.J. Ethical Issues and the Professional Practice of Psychology: A Case Study.
- Younggren, J. Review of Articles by Morris and Wise.
(1 credit Ethics)
- International Society for the Improvement and Teaching of Dialectical Behavior Therapy. (2005, November). 10th Annual ISITDBT Conference. Hilton Washington, Washington, DC. (6 credits)
- Dietzel, L. C. (2005, December). Executive Functioning and New Assessment Methods: The Delis-Kaplan Executive Function Scale (DKEFS). American School of Professional Psychology at Argosy University/Washington, DC. Arlington, VA. (3 credits).
- Falender, C.A. & Shafranske, E.P. (2006, May). Clinical Supervision: A Competency Based Approach. AATBS Online CE Program. (10 credits).
- National Register of Health Service Providers in Psychology. (2006, July).
Sacuzzo, D. Liability for failure to supervise adequately: Let the master beware: Part I. Ethical Basis for Standard of Care in Supervision. (1 credit).
- National Register of Health Service Providers in Psychology. (2006, July).
Sacuzzo, D. Liability for failure to supervise adequately: Let the master beware: Part II. Ethical Basis for Standard of Care in Supervision. (3 credits).
- Swenson, C. & Abney-Cunningham, G. (2006, October). Five-Day Foundational Dialectical Behavior Therapy Training Course. Novi, MI. (33 credits).
- Campbell, J. (2007, April). Clinical Supervision Skills in Behavioral Health: Ethical and Best Practice Issues. Cross Country Education. Fairfax, VA. (6 credits).
- DeLambo, K. (2007, July). Prolonged Exposure Therapy for Post-Traumatic Stress Disorder (PTSD). Cross Country Education. Fairfax, VA. (6 credits).
- Lating, J.M. (2007, August). Critical Incident Crisis Debriefing. The George Washington University. Washington, DC. (3 credits).
- Hembree, E. (2007, September). Prolonged Exposure Therapy for PTSD. Philadelphia Behavior Therapy Association. (19.5 credits).
- Wise, E., Cellucci, T., & Heffer, R.W. (2008, January). Infusing Ethical and Multicultural Competencies into Training: Model and Methods. CUDCP/ADPTC Joint Meeting San Antonio, TX (2 credits).
- Hatcher, R., Grus, C., Cooper, L., & Gruppen, L. (2008, January). Practicum Competencies. CUDCP/ADPTC Joint Meeting San Antonio, TX (1.5 credits).
- Goodyear, R. (2008, January). Training the Trainers—Theory and Research on Clinical Supervision. CUDCP/ADPTC Joint Meeting San Antonio, TX (1 credit).
- Baker, J.M. (2008, January). The Model Licensure Act and National Initiatives that will affect Practicum Training. CUDCP/ADPTC Joint Meeting San Antonio, TX (1 credit).
- Benton, S.A., Cooper, L.D., & Rae, W.A. (2008, January). Campus or Community Crises-Role Management and Communication Among Practicum Training Clinics, Student Counseling Services, and Other University/Community Entities. CUDCP/ADPTC Joint Meeting San Antonio, TX (2 credits).
- Callahan, J.L., & Byrne, M.C. (2008, January). Research in a Training Clinic: (1) Illustrations of Competency-Related Investigations and (2) Benefits of Online Record-Keeping: Using the Carepaths Practice Research Network (PRN).

- CUDCP/ADPTC Joint Meeting San Antonio, TX (1 credit).
- Gordon, J. (2008, March). Treating Depression: A Mind-Body Approach. 31st Annual Psychotherapy Networker Symposium Washington, DC (4 credits).
- Yalom, I. (2008, March). Embracing Life in the Face of Death. 31st Annual Psychotherapy Networker Symposium Washington, DC (1 credit).
- Hayes, S. (2008, March). Liberation Strategies: 7 Principles for More Mindful Therapy. 31st Annual Psychotherapy Networker Symposium Washington, DC (4 credits).
- Lyon, M. & Selden, A.K. (2008, May). APA HOPE Program: Ethical Issues and HIV/AIDS Mental Health Services. George Washington University. Washington, DC (4 credits).